

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: North Central Secure Treatment Unit, School in Girl's Program

Cohort Total: 26

SPEP ID: 123-T01

Selected Timeframe: Jun. 1, 2015 - Sep. 30, 2016

Date(s) of Interview(s): Sep. 13, 2016 and Dec. 6, 2016

Lead County & SPEP Team Representatives: Danielle Salisbury, York Co. & Lisa Freese, EPISCenter

Person Preparing Report: Danielle Salisbury & Lisa Freese

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

North Central Secure Treatment Unit (NCSTU) Girls Program provides secure treatment programming for adjudicated delinquent females age 13–20. Located in Montour County, the Girls Program offers a wide range of services designed to meet the diverse needs of its residents including specific programming for substance abuse and criminal behavior issues, gender-responsive services for female offenders, programming for residents having lower cognitive functioning, and treatment for issues related to chronic delinquent behavior and mental health disorders. All treatment services and aftercare planning incorporates a Balanced and Restorative Justice (BARJ) perspective.

There are currently two Girls Programs located at the NCSTU. Both the Green and Reed Buildings can house up to 24 residents. Each building has two 12 bed units provides female offenders with treatment and services targeting delinquency, trauma, loss, and mental health disorders. The program's mission is to provide a safe, supportive environment while encouraging and empowering young women to lead healthy lifestyles that promote dignity, integrity and responsibility.

The Central Susquehanna Intermediate Unit (CSIU) provides the educational services at NCSTU Girls Program. All residents participate in educational instruction and have the opportunity to obtain credit toward graduation, earn a high school diploma or GED. The school year includes 180 instructional days over 11 months (August through June) and the average length of enrollment is 9 to 12 months. There are five class periods which provide a minimum of five and one half hours of instruction per day (990 hours per school year). Upon admission, residents meet with the school counselor. Each resident establishes an educational goal in conjunction with any court ordered mandates (some judges will order that the resident pursue a GED). Past educational records are reviewed, educational assessments to determine level of instruction are conducted and the Individual Education Plan is completed. In addition to math, social studies, science and English, students attend physical education classes and have the opportunity to participate in the cosmetology or culinary arts program. Post secondary education in the form of on line courses are offered as well, for residents who earn their high school diploma or GED.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Remedial Academic Program

Based on the meta-analysis, is there a qualifying supplemental service? Yes

If so, what is the Service type? Job related training

Was the supplemental service provided? Yes Total Points Possible for this Service Type: 15

Total Points Earned: 15 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 6

Points received for Dosage or Number of Hours: 8

Total Points Earned: 14 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

25 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 12 points

6 youth in the cohort are High or Very High YLS Risk Level for a total of 5 points

Total Points Earned: 17 Total Points Possible: 25

Basic SPEP™ Score: 66 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 83% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The NCSTU CSIU School could improve its capacity for recidivism reduction through:

1. Addressing the following points related to service quality:
 - a. Document procedures that specifically address steps to be taken should a teacher fail to provide instruction as it is intended to be delivered, and ensure that these procedures are systematically applied.
2. Monitoring the amount of service by:
 - a. Reminding referral sources of the targeted duration of 26 weeks.
3. Continue to target high risk youth as residents.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment 1

SPEP™ ID and Time: 123-T02

Agency Name: North Central Secure Treatment Unit (NCSTU)
Program Name: Girls Program
Service Name: Central Susquehanna Intermediate Unit (CSIU) School
Cohort Total: 57
Timeframe of Selected Cohort: All delinquent youth who began this service on/after January 1, 2018 and ended this service on/before January 24, 2020
Referral County(s): Allegheny (9), Berks (3), Carbon (1), Chester (1), Columbia (1), Delaware (2), Erie (1), Fayette (1), Franklin (1), Lehigh (2), Luzerne (2), Monroe (1), Montgomery (1), Philadelphia (19), Pike (1), Schuylkill (3), Westmoreland (5), York (3)
Date(s) of Interview(s): May 21 and November 14, 2019
Lead County: York
Probation Representative(s): Danielle Salisbury, Supervisor
EPIS Representative: Lisa Freese

Description of Service:

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The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Remedial Academic Program

Based on the meta-analysis, is there a qualifying supplemental service? Yes

If so, what is the Service Type? Job Related Training

Was the supplemental service provided? Yes Total Points Possible for this Service Type: 15

Total Points Received: 15 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training, staff supervision, and how drift from service delivery is addressed.

Total Points Received: 20 Total Points Possible: 20

3. Amount of Service: Score was derived by calculating the total number of weeks and hours received by each youth in the service. The amount of service is measured by the target amounts of service for the SPEP™ service categorization. Each SPEP™ service type has varying amounts of duration and contact hours. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 6

Points received for Contact Hours or Number of Hours: 10

Total Points Received: 16 **Total Points Possible:** 20

4. Youth Risk Level: The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

57 youth in the cohort are Moderate, High, Very High YLS Risk Level for a total of 12 points

32 youth in the cohort are High or Very High YLS Risk Level for a total of 13 points

Total Points Received: 25 **Total Points Possible:** 25

Basic SPEP™ Score: 76 total points received out of 100 points. Compares service to any other type of SPEP™ therapeutic service. (e.g. individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 95 This percentage compares the service to the same service types found in the research. (e.g. individual counseling compared to all other individual counseling services included in the research.)

The SPEP™ and Performance Improvement

The intended use of the SPEP™ is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service Feedback Report, and these recommendations are the focus of the Performance Improvement Plan, a shared responsibility of the service provider and the juvenile probation department.

The CSIU School received a 76 for the Basic Score and a 95% Program Optimization Percentage. These Basic Scores represent an increase of 10 point(s) from the initial SPEP™ Assessment. These POP Scores represent an increase of 12 percentage point(s) from the initial SPEP™ Assessment. The service was classified as a Group 2 service; Remedial Academic Training Service Type. There is a qualifying supplemental service of Job-related interventions found in the research, which was used to enhance this service. The Quality of Service Delivery was found to be at a High Level. For Amount of Service, 68% of the youth received the recommended targeted weeks of duration and 100% of the youth received the recommended targeted contact hours for this service type. The Risk Levels of Youth admitted to the service were: 0% low risk, 44% moderate risk, 49% high risk, and 7% very high risk. The service could improve its capacity for recidivism reduction by addressing the following recommendations:

1. Regarding Amount of Service:

- a. Continue to remind referral sources of the targeted duration of 26 weeks.